



Holy Heroes

Prayer to Saint Valentine

Saint Valentine, teach us to love unselfishly, enable us to bring out the best in each other and to be examples of Christ's love through our expressions of love and friendship, Amen.

Saint Valentine

Saint Valentine (or Valentinus) lived in the days of ancient Rome when Emperor Claudius II sat on the throne. Claudius II was a cruel warmongering leader. He had a difficult time getting men to join his armies. He believed the reason was that Roman men did not want to leave their wives or loves. So, Claudius outlawed marriage and engagements in Rome. Valentine was a priest who believed in love and the Sacrament of Marriage. Valentine was outraged by the injustice of this law, so he secretly married couples and for this he was imprisoned and sentenced to death. While imprisoned, Valentine became friends with the blind daughter of one of his jailers. Valentine prayed that the young girl's sight would be restored and it was, which resulted in the conversion of the jailer and his family. On the eve of his execution, Valentine left a farewell note to his jailer's daughter that was signed "From your Valentine." Saint Valentine was executed on February 14, c. 269. In 496 AD Pope Gelasius marked February 14th as a celebration in honor of Saint Valentine's martyrdom.

Today, we remember Saint Valentine and celebrate the tradition he began, by exchanging "Valentine's" with our friends.

Word Scramble

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|----|------------|-------|-----|------------|-------|
| 1. | yncda | _____ | 6. | ohclocaet | _____ |
| 2. | nivleanite | _____ | 7. | oelv | _____ |
| 3. | tufreneoht | _____ | 8. | yerfarbu | _____ |
| 4. | rahet | _____ | 9. | sfrolwe | _____ |
| 5. | dicpu | _____ | 10. | psfenirhdi | _____ |